

3 Feeling good

Vocabulary Happiness

V insight Idioms: happiness and sadness

1 Match the words and phrases to make idioms.



- 1 down in the
- 2 over the
- 3 feeling
- 4 on cloud
- 5 down in
- 6 on top of



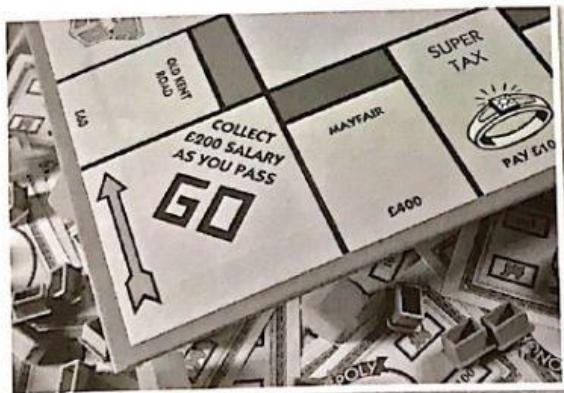
- a the dumps
- b nine
- c the world
- d mouth
- e blue
- f moon

V insight Noun suffixes: -ness, -ity

2 Write the noun or adjective form of the words below. Then use one of the forms to complete the sentences.

- / generosity ■ lazy /
- able / ■ tired /
- necessity ■ / kindness
- prosperity ■ happy /

- 1 There are motorway signs in the UK saying '..... kills' to encourage drivers to stop and have a rest.
- 2 Money doesn't make you , but it certainly helps.
- 3 The superhero, Mystique, has the to change into anyone she wants to be.
- 4 Thank you for giving £100 towards our new sports centre. We really appreciate your
- 5 My dad says he hates , but I think he just doesn't know how to relax and do nothing.
- 6 Is it really to do warm-up exercises before you go for a run?
- 7 It was really of Jim to ask if I was OK.
- 8 Mayfair and Park Lane are the most parts of London – that's why they cost so much on the Monopoly board!



V Feelings: intensity

3 Match feelings 1–6 with situations a–f to complete the sentences.

- 1 I was very upset that you
- 2 I was petrified when I
- 3 I was disgusted by
- 4 I was furious when
- 5 I was astonished when someone told me
- 6 I was pleased when I opened the envelope and

- a my new camera broke after only two months.
- b saw the tickets for the music festival.
- c that Michael was Dutch – his English is perfect!
- d had to give a speech in front of 200 people.
- e went to the cinema with Peter instead of me.
- f how dirty the plates were in the restaurant.

4 Complete the report with the words below.

- necessity ■ cross ■ happiness ■ appalled ■ ability
- kind ■ astonished ■ devastated

Video games and happiness

Are you ¹ by how violent many video games are? Do you worry about the effects they can have on people, from players getting slightly ² when the game isn't going well, to those who are absolutely ³ when all their 'lives' are lost and it's 'game over'? Recent studies have shown that video games do have the ⁴ to produce a feeling of ⁵ and many other positive emotions in players. In many games, co-operating with other players is a ⁶ , and these games often teach the importance of being ⁷ to others. Those who firmly believe that video games are depressing will be ⁸ to hear that playing video games is often better than medication for people who suffer from depression.

5 CHALLENGE! Complete the comments from an internet forum on the role of social networks. Use your own ideas.

Post a comment

I'm appalled that

The ability to is very important in life.

I get furious when

I'm astonished that

I'm really excited about