

## "LET'S REDUCE STRESS"



### 1) ORDER THE WORDS

name / Rodrigo, / feels / His / bored. / is / he

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visit / don't / my / lockdown, / I / grandmother. / In

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stressed. / Her / Karina, / name / she / feels / is

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dance / chocolate / stressed, / When / I / feel / eat / and / I

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### 2) MATCH WITH THE CORRECT FEELING.



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He feels stressed.

She feels scared.

She feels angry.

He feels happy.

### 3) MATCH THE ACTIONS



1

Watch TV with my family.



2

Reads books.



3

Study from home.



4

Eat a sandwich.



5

Help my grandmother.

### 4. COMPLETE THE STATEMENTS WITH THE CORRECT WORD.

Doesn't   feels   reads   don't   stressed   see   go   friends   listens   sings

1). Whent Luis feels  , he  to music and  comics.

2). In lockdown I don't  to the park and I  visit my grandmother.

3). Whent Susy  bored, she  songs and she calls his  .

4).In lockdown he doesn't  her friends and she  go to the movies.