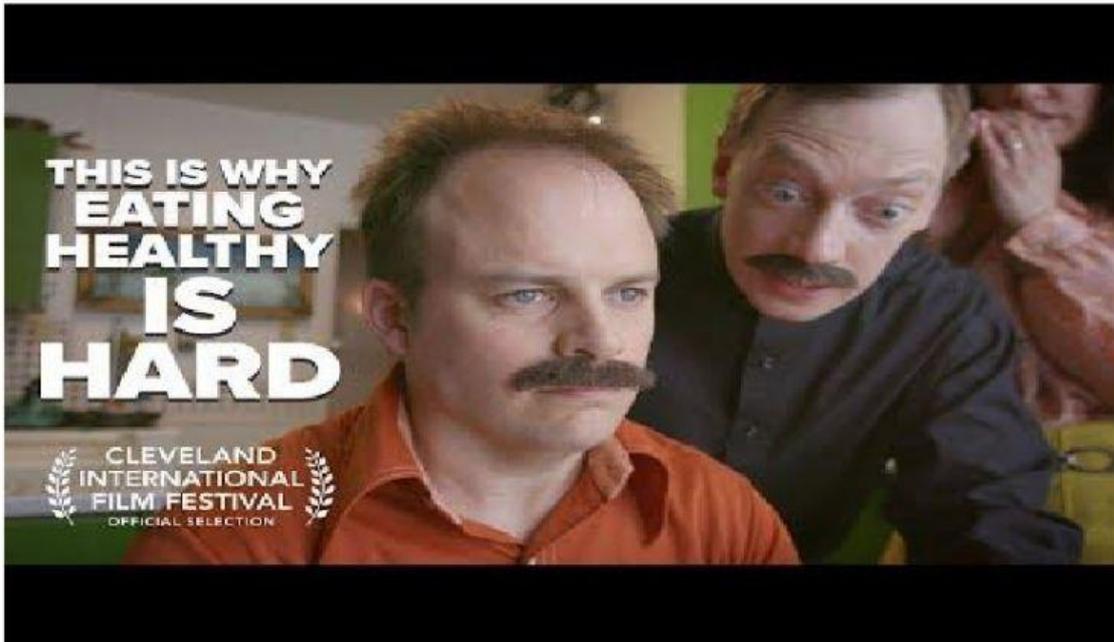


Eating Healthy Is Hard



1. What dish did the woman put on the table?
2. Where is the man in the coat from?
3. Fill in the space: " I´m here to _____ you, don´t eat the food!"
4. Why shouldn´t he eat the eggs? " They are full of _____."
5. Eating that food increases chance of _____
6. Into which room did the man disappear?
7. Which part of an egg contains "bad" cholesterol?
8. What did the woman do with the eggs?
9. What do they have to do with "red meat"?
10. What has changed about the man from the future? (time 2:15)
11. Fill in the space: "Man was not meant _____ bread"
12. Fill in the space: "We should be eating _____ bread."
13. He advises them to _____.
14. How many years have passed for the traveller?
15. How much time have passed for the couple?
16. What did the traveller apologise for?
17. What did the woman offer the traveller?
18. Explain the expression used in the answer to question 9. (time 1:56)