

Put the verbs in brackets in the correct tense form.

1. It is important (eat) _____ well.
2. It (be) _____ very cold today. You should wear your warm clothes when you (go) _____ out to prevent cold.
3. Do morning exercise every day and you'll (feel) _____ better.
4. I have a lot of homework to do this evening, so I (not have) _____ time to watch the football match.
5. (Eat) _____ junk food and inactivity (be) _____ the main causes of obesity.
6. I (have) _____ a toothache so I (have to/ see) _____ the dentist.
7. I have to take medicines because I (be) _____ sick.
8. Japanese (eat) _____ more fish instead of meat, so they (stay) _____ more healthy.
9. When you (have) _____ a fever, you (should/ drink) _____ more water and rest more.
10. A healthy diet (help) _____ us feel healthier.
11. Watching TV much (hurt) _____ your eyes.
12. I (have) _____ a headache and I need to rest more.