

Plan your diary entry.

Name: King Ethelred the Unready

Date:

How did your day start?

What main events happened today? _____



How did your day end? How did you feel? _____

Vocabulary you might like to use in your diary entry. _____

Emotions Thesaurus Vocabulary Grid

content	glad	joyful	cheerful	elated	depressed	gloomy	miserable	cheerless	heartbroken	repelled	revolted	sickened	repulsed	nauseated
joyous	overjoyed	thrilled	ecstatic	delighted	shattered	demoralized	galled	crushed	devastated	shocked	appalled	distaste	horrified	loathed
on cloud nine	pleased	gleeful	jubilant	upbeat	tearful	unhappy	dejected	blue	despondent	disliked	horrar-stricken	aghast	offended	outraged
					glum	pitiful				grossed out	put off			
amused	irritated	fuming	livid	cross	astounded	dazed	shocked	alarmed	stupefied	calm	peaceful	tranquil	care free	blissful
irate	frustrated	enraged	outraged	infuriated	shaken	astounded	startled	bewildered	aghast	content	unruffled	composed	serene	stress free
incensed	agitated	furious	upset	bitter	stunned	flabbergasted	thunderstruck	speechless	taken aback	at ease	laid back	relaxed		
raging	exasperated				thrilled	exhilarated	elevated	animated	delighted					
					exuberant	enthused	inspired	giddy	sager					
					amused	pleased								
uneasy	terrified	alarmed	startled	anxious										
upset	panicky	worried	afraid	distracted										
troubled	in a state	petrified	fearful	frightened										

Key	
Happy	Surprised
Angry	Excited
Scared	Disgusted
Sad	Relaxed