



LEARNING EXPERIENCE 3

Student's name: _____

Grade: " _____ "

Teacher's name: Lady Liliana Untal Escobedo.

English level: A1

Let's Reduce Stress

COMPETENCIA: The student writes different types of texts in English.

PROPÓSITO DE LA SESIÓN: Comprende textos breves y sencillos en inglés deduciendo el léxico y las estructuras, a fin de elaborar un texto con un testimonio sobre las actividades que realiza para reducir el estrés.

NEGATIVE

He	+	does not	feel	bored
She	+	doesn't	feel	stressed
It			feel	sleepy
I			feel	sad
You	+	do not	feel	confused
We	+	don't	feel	thirsty
You			feel	good
They			feel	disappointed

AFFIRMATIVE

He	feels	tired
She	feels	confused
It	feels	hungry
I	feel	scared
You	feel	surprised
We	feel	hungry
You	feel	embarrassed
They	feel	proud



YES / NO QUESTION:

Do you feel bored?

SHORT ANSWER:

Yes, I do / No, I don't

Does she feel disappointed?

Yes, she does / No, she doesn't

LONG ANSWER:

Do they feel sleepy?

No, They don't feel sleepy. They feel hungry.

Does she feel confused?

No, she doesn't feel confused. She feels embarrassed.

Does he feel stressed?

Yes, he feels stressed.

Activity 1: Move to relax!

1.- Fill in – do, does, don't, doesn't

- I _____ do my homework in the morning.
- She _____ spend her free time with her friends.
She prefers reading books.
- _____ you often do the shopping?
- _____ her mother work in the bank?
- We _____ play tennis after school.
- My parents _____ live in a flat. They have a house.
- _____ your teacher speak German?
- He _____ do karate.
- Susan _____ learn Spanish at school.
- My brothers _____ like to drink milk.
- I _____ like to walk with my dog.
- Ann _____ like jazz music but she likes pop music.
- _____ she play the saxophone?" "No, she _____".
- He _____ go to school on Sunday.
- What _____ you have for dinner?

What do they do on the weekend?

- Look at the pictures and order the following sentences.



plays he and the football She guitar plays the.



Mario



Iris

rides bike her surfs Iris and Mario the net.



Sara



kelly

likes and to sing kelly songs Sara swims likes to

3.- Complete the dialogues with the words from the box.

Dad: Hey, are you okay, Tom? You don't look well.
Tom: I feel _____ about my math test.
Dad: You should relax and try to stay _____.
Tom: Well then, can you help me _____?

nervous
study
calm

Dad: I'm so _____. There is nothing to do.
Tom: I'm _____. Why don't you watch TV?
Dad: Huh?
Tom: I hear there's a great movie on Netflix called "Planet of the Grapes!" Let's _____ it!

watch
surprised
bored

4.- Match the questions to the answers.

1. What time does she get up?	A. She goes to bed at 10:00.
2. How does she go to school?	B. She walks to school.
3. Does she have breakfast every day?	C. She gets up at 7:00.
4. What does she do in the afternoon?	D. No, she doesn't.
5. When does she go to bed?	E. She does her homework.

Look at the pictures and check (✓) the correct description.

Example:



I play the guitar.

I play the piano.



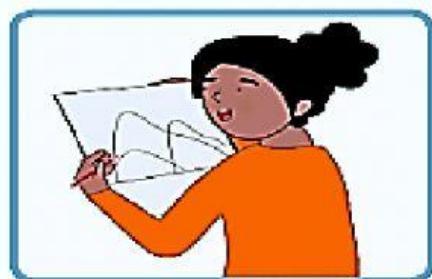
I cook.

I dance.



I do exercises.

I go shopping.



I draw pictures.

I read books.

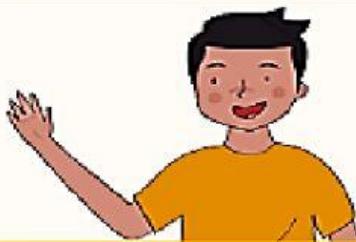
Complete the conversation.

Hi Alonso. I stressed.
What do I ?



Oh no! 😱

I feel stressed. I listen to music
 do exercises.



Sigue revisando lo que puedes hacer con el inglés según estándares internacionales. Aquí algunas preguntas sobre lo que puedes hacer en inglés.



1. ¿Puedo reconocer palabras que son similares al castellano? **SI** - **NO**
2. ¿Puedo relacionar acciones que escucho en inglés con imágenes que las representan? **SI** - **NO**
3. ¿Puedo extraer palabras o frases breves y sencillas para indicar acciones? **SI** - **NO**