Simple Past Tense Verbs

The simple past tense verbs are used to talk about an action that has already happened or taken place. It is usually used in story writing.

For example:

She finished her work at night.

I went to the park in the morning.

We saw a good film last week.

B. Tim had a very busy day today. Use the correct word from the box below to complete the story Tim is telling about his day.

ran hopped slept played climbed ate

First I _____ breakfast.	
Then I _____ as fast as I could.	
Next I _____ over the wall with my friend Max.	
After that I _____ on one leg.	
I also _____ in the sand.	
At last I was so tired that I _____.	

LIVEWORKSHEETS