

NAME: _____ DATE: _____

DEFICIENCY DISEASES

1. A deficiency disease is a lack of a particular _____. Deficiency diseases can be _____ by eating the correct or missing _____. Eat _____ and _____ to reduce this disorder.

2. Without enough seafood and sea salt, a _____ may develop which is a swelling in the _____. Eat _____ and _____ to treat it.

3. _____ develops if enough oranges, lemons and other citrus fruits are not eaten. This disease affects a person's _____. Eat _____ and _____.

4. Bowlegs, knock knee and weak bones is a result of a lack of _____, _____ and _____ in the diet. This weakness of the bone is known as _____. Eat _____ and _____ to treat it.

5. The disease _____ sounds like fruits but it is a dangerous disorder that affects the nervous system. It is caused by a lack of _____ in the diet. Eat _____ and _____ to treat it.

6. A lack of iron in the diet can cause the disease _____. Persons with this disease feel very _____ all the time and three other signs of the disease are _____, _____ and _____. Eat _____ and _____.

7. The deficiency disease _____ affects the eyes and is caused by a lack of _____. Persons with this disorder cannot see well at _____ or in _____ light. Eat _____ and _____ to treat it.