

---

## PRESENT PERFECT PROGRESSIVE

The Present Perfect Progressive is used when a long action has started in the past and has just ended (usually recently) or is still continuing. There has to be a connection to the present. The verbs have to express a long period of time.

**Key words:** all day, how long, for, since

### How to form the Present Perfect Progressive

I, you, we, they - **have been + ing form of the verb**

He, she, it - **has been + ing form of the verb**

### Short forms

I've been reading. / They've been listening.

She's been dancing. / He's been watching.

### Negation

I, you, we, they - **have not (haven't) been + ing form of the verb**

He, she, it - **has not (hasn't) been + ing form of the verb**

They haven't been working in the office all day.

### Questions

**Have they been helping** you since this morning?

Have/Has - subject - been + ing form of the verb

**How long has** she **been working** at the office?

Question word - has/have - subject - been + ing form of the verb

### Use of the Present Perfect Progressive

Examples:

I **have been working** all day.

She **has been watching** TV since 7.30.

Nick **has been lying** in bed for two days. - He is still in bed or has just got up.

She **has been working** since 4 o'clock. - She is still working, or she has just stopped working.

How long **have they been playing**?

## PRESENT PERFECT PROGRESSIVE 1

Put the following sentences into the present perfect progressive.

1. It \_\_\_\_\_ (rain) for hours.
2. Mike \_\_\_\_\_ (collect) stamps since 1995.
3. Bob \_\_\_\_\_ (play) tennis since he was seven.
4. I \_\_\_\_\_ (wait) for the bus for 15 minutes.
5. How long \_\_\_\_\_ your brother \_\_\_\_\_ (play) guitar?
6. How long \_\_\_\_\_ (he play) golf?
7. I \_\_\_\_\_ (work) for this company for seventeen years.
8. How long \_\_\_\_\_ (it rain)?
9. Mary \_\_\_\_\_ (study) German for two years.
10. My grandparents \_\_\_\_\_ (live) in that house since 1962.
11. My mother \_\_\_\_\_ (cook) for 3 hours.
12. My sister \_\_\_\_\_ (drive) since 1972.
13. Peter \_\_\_\_\_ (live) in India since last month.
14. How long \_\_\_\_\_ (you work) in the garden?
15. They \_\_\_\_\_ (lie) in the sun for hours.
16. Why is he so tired? He \_\_\_\_\_ (play) football for two hours.
17. How long \_\_\_\_\_ (you work) in the garden?
18. Carol \_\_\_\_\_ (study) Spanish for four years.
19. Frank and Bill \_\_\_\_\_ (travel) in Europe for about a month.
20. Samuel \_\_\_\_\_ (wear) those jeans since Tuesday.
21. How long \_\_\_\_\_ (you study) English?
22. We \_\_\_\_\_ (wait) here for three hours.
23. She \_\_\_\_\_ (watch) too much television lately.
24. I \_\_\_\_\_ (read) for 3 hours.
25. How long \_\_\_\_\_ (he wait) for us?