

Exercise 4.5 Factors Affecting The Development of Foetus and Baby

1. Mark (/) for the right statements about the function of nutrient for pregnant women.

Protein helps the growth of new cells in the foetus.	
Pregnant women need sufficient iron for the formation of haemoglobin in red blood cells.	
Folic acid is need by pregnant women for the complete development of foetus nervous system	
Sufficient fibre intake causes constipation in pregnant women.	
Calcium and phosphorus needed for healthy bone formation of foetus.	

2. Drag and drop the correct answers for the following statements.

LIFESTYLE	THE EFFECTS ON FOETUS IN WOMB
	Foetal defects may occur.
	Likely to be retarded and suffer from Foetal Alcohol Syndrome
	Miscarriage and premature birth

Smoking	Alcohol consumption	Drug use
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3. Choose the correct statements for mother's milk and formula milk.

Mother's Milk		Formula Milk
Similarities :		
Both milk is given to babies and can influence the development of the baby		
Differences		
	Time	
	Nutrient content	
	Bonding between mother and her baby	
	Cost	
	Antibodies	