



Discuss the following questions in pairs.

1. How much time do you spend on social media on a daily bases?
2. Why do you go there?
3. Do you post more than you observe?
4. What are your posts about?
5. What do the people you follow post about?
6. Describe the relationship you have with the people you have on instagram.

Watch the following video. Pay attention to every detail.



https://www.youtube.com/watch?v=GXdVPLj_plk

As a class, answer the following questions.

1. What's going on in the video?
2. Why do you think she behaves in such way?
3. What role do social relationships play in her life?
4. What does she realize at the end of the video?
5. What does the video end?

Write a letter of advice on how to turn around this situation.

Image this is happening to your very best friend. Think long and hard about what you advice you would give them.

Use the expressions seen in class

This image shows a blank sheet of white paper with horizontal blue or grey ruling lines, typical of notebook paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.
