



Move to Relax!



Name: _____

Class/Section: 4to

When I feel stressed, _____.

LISTENING COMPREHENSION

Listen and check the correct information.



ALISA, 15
Kramatorsk – Ukraine

1. How do I feel?

A.



B.



C.



Example:

1. Reasons

A. I don't walk in the park.

☐

B. I don't go to the movies.

☐

C. I don't see my friends.

☐

D. I don't play in the park.

☐

2. What do I do?



A.

☐

B.

☐

C.

☐

D.

☐

MIGUEL, 14
Huancavelica – Peru

3. How do I feel?

A.



B.



C.



4. Reasons

A. I don't see my grandmother.

☐

B. I don't go to school.

☐

B. I don't go to the movies.

☐

D. I don't visit my grandfather.

☐