

# ENGLISH WORKSHEET

NAME: \_\_\_\_\_ - CLASS: \_\_\_\_\_ Teacher: Jorge Luiz



## ABOUT THE TEXT

### Mighty Milers Run for Life

Mighty Milers is a free running program especially created for kids from 4 to 14 years old in New York.

The objective of the program is to motivate students to have regular physical activity, especially running.

Students are excited about exercising. It's healthy and fun. Mighty Milers teaches kids about the physical and mental benefits of running.



Source: <www.nyrr.org/youth>. Accessed Mar. 28, 2019.



- a. Do you have to pay to participate in the program?  
**Yes.**      **No.**
- b. What sport does Mighty Milers motivate students to practice?  
**Soccer.**      **Running.**      **Swimming.**
- c. Can you participate in the program if you are in New York?  
**Yes.**      **No.**

d. Arraste e cole cada uma das palavras do retângulo até sua frase correspondente:

elbows ♦ eyes ♦ hands ♦ head ♦ knees

- a. We wear  to protect our \_\_\_\_\_.
- b. We wear  to protect our \_\_\_\_\_.
- c. We wear  to protect our \_\_\_\_\_.
- d. We wear a  to protect our \_\_\_\_\_.
- e. We wear a  to protect our \_\_\_\_\_.



## ENGLISH WORKSHEET - Teacher: Jorge Luiz

Ann is a beautiful girl. She likes to read books every Monday. On Friday, she goes to the park with her friends, but on Tuesday, Anne prefer to write stories. On Saturday, she and her mother sleeps during the afternoon. On Wednesday, Anne studies English. On Thursday, she plays ball with friends. She has a busy week.

e. Analisando o texto acima, arraste os verbos e cada uma das ações correspondentes ao que Ann faz durante a semana.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday



study

sleep

write

go

read

play

eat

f. VOCABULARY - Conecte as palavras abaixo:

TURTLE

BOX

FISH

POPCORN

JUICE

