

GOOD WALKS

Read the text and choose the best word for the gap.

You're rarely (1) _____ from a good walk in Britain - (2) _____ you live in the town or the country. From mountains in the North to gentle hills in the South, you're (3) _____ to find some wide open spaces you will like. People (4) _____ live in the city can enjoy walks (5) _____ canals and in the many beautiful parks to be found.

Walking gives you the (6) _____ of exercise and at the same time allows you to experience wonderful scenery. You can also (7) _____ about local wildlife. On foot, in the countryside, you see much more than you'd (8) _____ see from a car or on a bike.

However, if you are out and about in the countryside make sure you follow the rules. You mustn't go (9) _____ that's private, you (10) _____ stay on public footpaths and (11) _____ animals in fields!

