1. What can you do if you have a headache?
2. What must people do to stay healthy?
3. Have you ever broken a bone?
4. When was the last time you caught a cold?
5. Have you got any allergies?
6. Do you usually get enough sleep?
7. What types of exercise do you do to keep fit?
8. Do you think you eat enough fruit and vegetables?
9. Do you usually eat healthy food?
10. Where do you go if you have a toothache?
11. How much water should you drink each day?
12. How can you burn off calories?
13. Have you ever been in an ambulance?

A. You should eat 5-10 portions of fruit and vegetables and get regular exercise.
B. Yes I have …,(when I was …. Years old)/ No I haven't.
C. It was last ……
D. Yes I do, I eat … portions each day / No I don't
E. Yes I always sleep for … hours a night / No I don't I only get …… hours sleep a night
F. Yes I have (last …/ when I was ….) / No I haven't
G. I do …….. to keep fit.
H. You can relax or take a tablet
I. Yes I eat a balanced diet / No I don't, I usually eat unhealthily.
J. You should drink 2 litres a day
K. I do regular exercise
L. No I haven't / Yes I have /I have seasonal allergies
M. To the dentist

LIVEWORKSHEETS