

Writing about Lifestyles - Punctuation.

1. Read the text about Tanya's lifestyle.

tania gets up at 7 o'clock every day she has a cigarette before she gets up for breakfast she eats toast and cottage cheese with no butter she drinks two glasses of orange juice she cycles to work and has some fruit at about eleven for lunch she has a salad and some more fruit after work she goes home and has a fish or vegetable main meal and a fruit salad she doesn't eat meat but she does eat fish she doesn't have many friends so she often stays at home she doesn't drink alcohol but she does smoke she often wakes up with a headache in the morning because she smokes about twenty five cigarettes a day

2. There are no full stops or capital letters in the text.

Copy the text into the box. Put capital letters and full stops in the correct places.

