Daily life

Write questions. Use the present simple or present continuous.

1. the sun / shine / at the moment?

2. why / you / study / English / this year?

3. how often / they / meet / their friends?

4. you / look / forward / to / next weekend?

5. she / like / watching / films?

6. where / your brother / live?

Now match questions 1–6 in 1a to answers a–f.

a Yes, either at the cinema or at home.

b Yes! I love Saturday and Sunday.

c Because it's fun!

d No, it's cold and wet!

e Every weekend.

f In London.

Complete the quiz with the words in the box. Then answer the questions and read the results.

Awake	buy	clean	go	go	have	late
leave	morning routine			wake up		weekend

Are you a creature of habit?

1. Do you need an alarm clock to help you..... in the morning?
a) No, I'm usually ..... before my alarm goes off.
b) Yes. Without the alarm, I would just go on sleeping.

2. Do you always ..... the same thing for breakfast?
a) Yes, I don't like making decisions in the ..... !
b) No, that would be boring!

3. Do you ever forget to ..... your teeth or brush your hair in the morning?
a) No, they are part of my morning ..... , so I never forget.
b) Yes, if I'm in a hurry.

4. Do you ..... home at the same time every day for work or college?
a) Yes, I don't like being ..... .
b) No, sometimes I'm early and sometimes I'm a bit late.

5. Do you ..... shopping on the same day each week?
a) Yes, and I usually ..... the same things each week.
b) No, it depends what I'm doing each week.

6. Do you usually ..... to bed at the same time every night?
a) Yes, during the week, but not at the ..... of course.
b) No, it depends what I'm doing each day.

Mostly a: You are definitely a creature of habit. You could try relaxing a bit and doing something different for a change.

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Mostly b: Your habits and routines aren't completely fixed. It's great to have variety, but remember that routine can help you to be organised.

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