



# Extra training

## Evaluation Task 558

1. Вы услышите диалог. Выберите правильный ответ на каждый вопрос, обозначенный буквами **A–E**, выбрав его из выпадающего списка. Вы услышите запись дважды

- A.** Who is going to work?
- B.** Who is going on vacation soon?
- C.** Who studied together?
- D.** Who hasn't been to Germany yet?
- E.** Who is going to the café at the weekend?

2. Установите соответствие между текстами и рубриками, выбрав рубрику из выпадающего списка. Используйте каждую рубрику **только один раз**. В задании **одна рубрика лишняя**.

**A. Рубрика:**

Good footballers must have something in their genes. Scientists have discovered a link between the length of a footballer's ring finger and their ability as a player. They compared the ring and index fingers of top players. Players whose ring fingers were longer compared to their index fingers were more likely to be elite players. Some of the players found to have long ring fingers are Bryan Robson, Ossie Ardiles, Glenn Hoddle, Sir Stanley Matthews and Gazza.

**B. Рубрика:**

Fitness training is absolutely necessary for a first-rate football team. Jogging up and down the stadium a few times is not enough. What footballers really need is a quick start. Footballers can get this ability to start running very quickly by using a training method called 'plyometrics'. In the 1960s, athletes in the Soviet Union used plyometric exercises to improve their results in jumping. Step by step, the method has become very important for many sports that include sprinting and jumping.

**C. Рубрика:**

In the past, footballers used to have a big fried breakfast — or even a roast dinner — before a football match. In the new era of professional football, the menu of modern players has been radically reformed. Arsenal manager, Arsene Wenger, is known for his scientific method of feeding his team. When he first came to the club in 1996, he at once changed the players' dinner menus. Sugar, red meat, chips, fried foods and dairy products were out. Vegetables, fish, chicken and plenty of water were in.

**D. Рубрика:**

French diet specialists heavily criticised the pre-match diet of the England players in Euro '96. Their menu of tomato soup and spaghetti was said to be more likely to produce wind than a win. Potatoes, according to French scientists, make the best meal on the day of a game. They have glucides, which give the player a lot of energy. They also include useful vitamins. According to one piece of research, a player should eat 200-300 grams of mashed potatoes, boiled for 20 minutes, exactly three hours before going to the game.

**E. Рубрика:**

Physics can explain a football wonder — the banana kick. This happens when a ball suddenly changes its direction at the end of its flight. At a certain speed, the air flowing over a flying ball becomes 'turbulent'. This means that the air moves irregularly over the ball. As the ball slows down, the air becomes 'smooth' again. This slowdown makes the ball turn dramatically, creating the wonderful 'banana' kicks that the spectators like so much.

**F. Рубрика:**

These days, footballs are made in a design based on the 'Buckminster Ball'. The American architect Richard Buckminster Fuller came up with the design when he was trying to find a way for constructing buildings using a minimum of materials. The ball is a series of geometrical figures, which can be fitted together to make a round body. The modern football is in fact a Buckminster Ball consisting of 32 pieces. When they are joined together and filled with air they make a perfect sphere.

3. Прочитайте приведённый ниже текст. Преобразуйте, если необходимо, слова, напечатанные заглавными буквами в конце строк, обозначенных номерами 1–6, так, чтобы они грамматически соответствовали содержанию текста. Напечатайте полученные грамматические формы в поля ответов. Если грамматическая форма состоит из нескольких слов, их можно напечатать с пробелами или без пробелов

<b>A Love Story...</b>	
	One day a young man was writing a letter to his girlfriend who lived just a few miles away in a nearby town.
1	Among other things, he was telling her how much he loved her and how wonderful she was. The longer he wrote, the _____ poetic he became.
2	Finally, he said that in order to be with her he would suffer the _____
3	difficulties, he would face dangers anyone _____ imagine.
4	In fact, to spend one minute with _____, he would climb the highest mountain in the world, he would swim across the widest river, he would enter the deepest forest and with his bare hands fight against the wildest animals. Other _____ don't interest him. He finished the
5	letter, signed it and then suddenly remembered that he _____ to mention something important.
6	So, in a postscript below his name, he added: "By the way, I will come to see you on Wednesday if it doesn't rain".
	<b>MUCH</b> <b>GREAT</b> <b>CAN</b> <b>SHE</b>  <b>WOMAN</b> <b>FORGET</b>

4. Прочитайте текст и вставьте вместо каждого пропуска подходящее слово, выбрав его из выпадающего списка. **Каждое из этих слов может быть использовано только один раз.**  
**Два слова в списке лишние.**

### Toothpaste

We are always told that we should \_\_\_\_\_ our teeth regularly to keep them healthy and to have fresh breath. It is believed that people \_\_\_\_\_ using a kind of paste to clean their teeth around 5000 years ago.

However, the ingredients of these tooth powders were very \_\_\_\_\_ from ours. For example, the people of \_\_\_\_\_ Egypt used salt, mint, dried flowers and pepper to create tooth powder. Later, in the 18th century, in some countries in Europe, people brushed their teeth with burnt bread. The first toothpaste \_\_\_\_\_ in 1890, in Great Britain. At first it was sold in jars. Then special tubes were \_\_\_\_\_ to make the toothpaste more comfortable to use.

## 5. (in class)

Imagine that you are preparing a project with your friend. You have found some interesting material for the presentation and you want to read this text to your friend.  
You have 1.5 minutes to read the text silently, then be ready to read it out aloud.  
You will not have more than 1.5 minutes to read it.

Most people all over the world eat potatoes at least once a week. It is a very popular vegetable. It is also quite tasty and useful. The history of potatoes as a part of our diet is very long. The home of potatoes is South America. Local people dried them which helped them to store potatoes for some years. When white people came to America, they took potatoes back to their countries. They did it because they hoped it would help them to survive through a long journey by sea.

Farmers in Europe were against growing potatoes at first. Still, when rich people started to eat the vegetable, its popularity jumped up. People also noticed that it improved their health in many ways. Now people cook potatoes in all possible ways. You can buy potatoes in any shop or order them in any café.

## 6. (in class)

These are photos from your photo album. Choose one photo to describe to your friend.

Photo 1



Photo 2



Photo 3



You will have to start speaking in 2 minutes and will **speak for not more than 2 minutes (12-15 sentences).**

**In your talk remember to speak about:**

- 1) where and when the photo was taken
- 2) what/who is in the photo
- 3) what is happening
- 4) why you keep the photo in your album
- 5) why you decided to show the picture to your friend

You have to talk continuously, starting with: **"I've chosen photo number..."**