Frequency Adverbs

1) Read the sentences.

My neighbour is friendly so I **occasionally** play tennis with him.

My family loves shopping. We **usually** go shopping on Saturdays.

My sister sleeps a lot and she is **always** late for school.

I'm not a big fan but I **sometimes** watch Chinese films.

Your yoga lessons are working very well! You are **seldom** anxious.

Jennifer is a vegetarian. She **never** eats meat.

My parents like travelling for the holidays so I **often** spend Christmas with my Friends.

I've got YouTube and Spotify on my phone so I **rarely/hardly ever** listen to the radio.

2) Order the adverbs in the chart.

100%	
90%	
80% 70%	
60% 50%	
40% 30%	
20%	
10% 5%	
0%	

USUALLY

NEVER

OFTEN

SELDOM

ALWAYS

OCCASIONALLY

SOMETIMES

RARELY/HARDLY EVER

LIVEWORKSHEETS

LIVEWORKSHEETS