Exploring Food Groups

DIRECTIONS: Identify the food groups found in each of the combination foods.

Combination Food	Grain Group	Milk Group	Vegetable Group	Fruit Group	Meat Group	Other Groups
EXAMPLE: Lasagna	x	x	x		x	
Ham and Cheese Sandwich						
Fruit Smoothie						
Sausage Pizza						
Cheeseburger						
Peanut Butter and Jelly Sandwich						
Chicken Noodle Soup						

LIVEWORKSHEETS