

Healthy habits

1. Drag the words into the correct pictures:



Wash your
hands

Exercise

Eat
well

Play

Sleep
well

Drink
water



2. Listen and number:



1

2

3

4

5

6

☐☐☐☐☐☐

3. Match the words:

- Eat

- Sleep

- Drink

- Do

Water

Fruit

Exercise

Well

