

Hello!

Welcome to Opportunities for Serendipity English Course!



What time do you get up?

.....

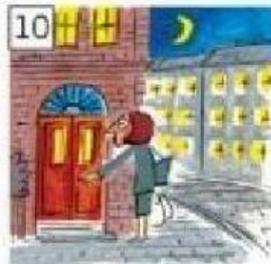
What a life!

1. Vocabulary: everyday activities

a. Match the verbs and pictures.

Suzy Stressed





She gets dressed.

She finishes work at 6.30.

She has a coffee.

She has lunch at work.

She has a shower.

She goes shopping.

She wakes up at 7.00.

She goes to bed late.

She goes to work by bus.

She has pizza for dinner.

She does the housework.

She gets home late.

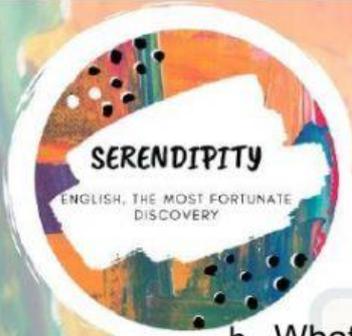
She starts work at 8.30.

She watches TV and  
checksemails.

## Henry Healthy



- |  |   |
|--|---|
| <input type="checkbox"/> He goes to Italian classes. | <input type="checkbox"/> He walks to work.            |
| <input type="checkbox"/> He does Italian homework.   | <input type="checkbox"/> He relaxes.                  |
| <input type="checkbox"/> He gets up at 8.00.         | <input type="checkbox"/> He takes the dog for a walk. |
| <input type="checkbox"/> He has breakfast.           | <input type="checkbox"/> He sleeps for eight hours.   |
| <input type="checkbox"/> He does exercise.           | <input type="checkbox"/> He makes the dinner.         |
| <input type="checkbox"/> He goes home early.         | <input type="checkbox"/> He has a bath.               |



b. What order do you do things in the morning? Use time sequencers.

First I .....

Then I .....

After that I .....

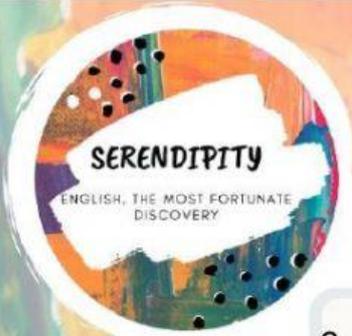
## 2. Reading & Listening

a. Read the article. [Father and daughter – whose day is more stressful?](#)

b. How do you think Nico feels at the end of a typical day? Why?



bored happy stressed sad tired worried relaxed



c. Mark the sentences T (True) or F (False)

- 1. Nico has a coffee before his breakfast.
- 2. Nico goes to the market before he goes to the restaurant.
- 3. 10.30 in the morning is a busy time.
- 4. Nico doesn't usually enjoy his lunch.
- 5. He sleeps for eight hours.

d. Listen to Amelia, Nico's 16-year-old stepdaughter, talking about her day and complete.

- 1. Amelia gets up at ..... past six.
- 2. She goes to school by .....
- 3. She starts school at ..... o'clock.
- 4. On Mondays Amelia goes to extra .....
- 5. On Tuesdays Amelia plays .....



- e. Whose day do you think is more stressful, Nico's or Amelia's? Why?

### 3. Grammar: in, on, at, to

- a. Look at some sentences from Amelia's day. Choose the correct preposition.

1. I get up ..... half past six.
- 2.....the morning we usually have five lessons, sometimes six.
3. We have lunch ..... school in the cafeteria.
4. .... Mondays and Wednesdays I go ..... extra classes.

## AT - ON - IN

### PREPOSITIONS OF TIME

#### AT + Specific Time

- I get up **at** 7 o'clock.

- The movie starts **at** 8.30.



- They sing carols **at** Christmas.

- Come and visit us **at** Thanksgiving.

#### AT + Holiday Period

#### ON + Days

- I will visit you **on** Wednesday.

- Where were you **on** Friday?

#### ON + Dates

- His birthday is **on** March 27th.

- The exam is **on** the 16th.

#### IN + Months

- My birthday is **in** January.

- I'm going on vacation **in** August.

#### IN + Years

- Shakespeare was born **in** 1564.

- The Titanic sank **in** 1912.

#### IN + the + Decade

- Life was difficult **in** the 1940s.

- There were many hippies **in** the '60s.

#### IN + the + Century

- We are living **in** the 21st century.

- It was built **in** the sixth century.

#### IN + Season

- We go to the beach **in** summer.

- There are many flowers **in** spring.

#### IN + Time Period

- The meeting starts **in** ten minutes.

- She will be here **in** three hours.