Name	Supporting Details
Su	pporting Details Worksheet
DIRECTIONS: R	ead the paragraph. Then answer the questions.
people follow a veconsumption of resh fruits and verisk of debilitating or Alzheimer's. The that is high in fresh more energetic brights. Still others contributing to glomeat as a matter veganism has great continue to grow	good reasons to choose a vegan lifestyle. Some vegan diet for their health. Cutting out meat, eggs, and dairy — and eating a diet high in egetables, grains, and legumes — can reduce the guilifestyle diseases like heart disease, type 2 diabetes, cancer, here are also many studies that show that following a vegan diet sh fruits, vegetables, nuts, grains, and legumes results in a leaner, body. Others "go vegan" as a way to take a stand for animal object to the way our modern animal agricultural system is lobal warming and deforestation, and refuse to buy and eat of protest. Whatever reason vegans find most motivating, own 500% since 2014, and there is every indication that it will impopularity.
3. List the majors	upporting details that support the main idea.
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2	
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