Listening

7 You will hear a radio interview with a chef who took part in a TV game show. The recording will be played twice. For each question (**1 -4**), choose the correct answer **A, B** or **C**.

Example:

0 The TV game show *Masterchef*

A isn't current ly showing on TV

B has won several awards.

C is not for professional chefs.

1 When asked if he expected the competition to be so tough, Jamie comments that

A people told him he should have won

B he wasn't as skilled as the other chefs.

C he was upset he didn't win.

2 When Jamie got his bag of 10 unusual foods, he

A failed to put all of them into his dish .

B spent too many minutes trying to figure out what they were.

C made the four he didn't recognise into a side dish.

3 The problem with Jamie's main course concerned the

A taste. **B** portion size. **C** presentation

4 In Jamie's opinion the country with the best chefs is

A Thailand. **B** France. **C** China .

2 You will hear someone talking about healthy eating. listen and complete the sentences with **one** word only.

0 When people come home from work, they don't always have time to prepare a healthy, nutritious meal. Many people get ready-made meals from the **1**_____ **.** The speaker advises to eat these meals **2**_____ . The speaker says that these meals are full of **3**_____ . **4**_____ are removed form processed foods. The speaker advises us to eat lots of fresh **5** _____ . Brown rice **6** _____ and rye bread contain complex carbohydrates. The speaker says people eat far too much **7** _____. Some experts say we should only eat **8**_____ grams of meat per day . The speaker says it might sound **9**_____that eggs are considered like meat. The speaker says there are more **10**_____in dark-coloured vegetables.

LIVEWORKSHEETS