

# Melons are cool! pp 4, 5

Jump, June 2021

## 1. Listen and fill in the missing words.

Summer \_\_\_\_\_ are sunny and hot. Eat a \_\_\_\_\_ of melon! It's full of juice and it \_\_\_\_\_ you cool down and refresh!

\_\_\_\_\_ come from Africa and South Asia. There are \_\_\_\_\_ of types of melons. They grow in more than 90 \_\_\_\_\_. Some are really big, some are quite \_\_\_\_\_, and some have seeds inside. But they're all \_\_\_\_\_!

## 2. Listen and choose the correct word.

**Watermelons** come from *Africa/Asia*. They take *19/90* days to grow. The inside is *pink/red* and the skin is *green/yellow*. They have only *35/45* calories per 100g. Thanks to **lycopene**, watermelons are good for your *body/heart*.

## 3. Listen and say if the sentences are true (T) or false (F).

- a. Cantaloupe melons grow in Europe and Asia. \_\_\_\_\_
- b. They are red and sweet inside. \_\_\_\_\_
- c. The skin is very rough, and yellow and beige. \_\_\_\_\_
- d. They are full of vitamins, and minerals. \_\_\_\_\_
- e. You can eat them for lunch, in a salad, or as a smoothie. \_\_\_\_\_

## 4. Fill in the missing prepositions. Then listen and check.

Galia melons come \_\_\_\_\_ Israel. They are yellowish \_\_\_\_\_ greenish inside. They're juicy and they only have 24 calories \_\_\_\_\_ 100g. There's a lot \_\_\_\_\_ vitamin A in them, which is good \_\_\_\_\_ your eyes, skin, hair and nails.

## 5. Listen to the part about Canary melons and tick the words you hear.

- |            |            |              |
|------------|------------|--------------|
| ___ Asia   | ___ green  | ___ minerals |
| ___ Europe | ___ orange | ___ vitamins |
| ___ sweet  | ___ yellow | ___ water    |