



2.3

READING and VOCABULARY What can you do with an egg?

I can find specific detail in a blog entry and talk about preparing food.



OLLIE
the teenage chef

What can you do with an EGG?



There are lots of great recipes with eggs. You can **beat** them with salt and pepper and make scrambled eggs. You can **fry** them in oil and have them for breakfast with bacon – it's not good for you, but it's delicious! You can **boil** an egg in water and eat it with toast. It's great and a boiled egg only has seventy-two calories! There's a fantastic Italian pasta meal with eggs: spaghetti carbonara. It's 'delizioso'! There are delicious egg desserts too: you can **bake** a cake or make a chocolate mousse.

I'm from London but my favourite egg recipe isn't English; it's Spanish omelette. It's very easy. The ingredients are potatoes (500 grams), one large onion, six eggs, oil, salt and pepper. **Cut up** the potatoes and onion and fry them in oil. Then beat the eggs in a bowl with a fork. **Add** the potatoes, onion, salt and pepper. Cook it in a frying pan with some oil. Then use a plate to turn the omelette over and cook the other side. Olé!





1

Study the Vocabulary box. Match the words with A-F in the photos.

Vocabulary		Cooking	
☐ A	bowl	☐	frying pan
☐	fork	☐	pepper
		☐	plate
		☐	salt

2

 **1.35** Read the text and answer the questions.

- Which egg recipe is not very good for you?
- What has seventy-two calories?
- What nationality is Ollie?
- How many eggs are there in the recipe for Spanish omelette?
- How many ideas for cooking eggs are there in the text?

- ☐ a- a boiled egg
- ☐ b- seven
- ☐ c- English
- ☐ d- Fried eggs
- ☐ d- six

3

Complete the phrases
with the highlighted verbs in the text.

¹ **boil** water

² **bake** a cake

³ _____ an onion

⁴ _____ an egg

⁵ _____ salt

⁶ _____ potatoes

4

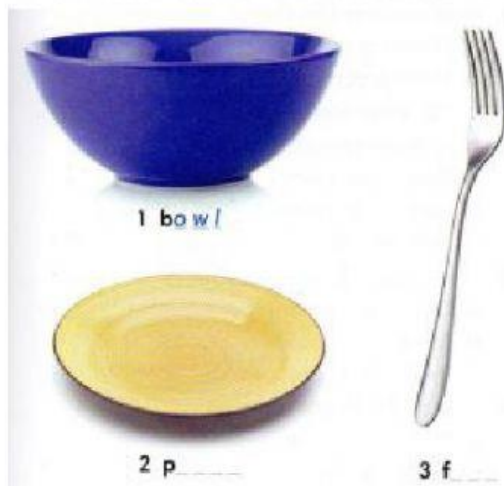
Complete the recipe with words from
Exercises 2 and 4.

Egg-mayo sandwich

Boil two eggs. Take off the shells and put the eggs in a ¹ **b** _____.
² **C** _____ up a small onion. Use a ³ **f** _____ to mix the onion
with the eggs. ⁴ **A** _____ salt and mayonnaise. Put two slices of
bread on a ⁵ **p** _____ and add the egg-mayo mixture. Enjoy!

5

Look at the photos and complete the words.



6

WORD FRIENDS

Complete the sentences with the verbs below.

I add bake beat boil cut fry

- 1 **Beat** two eggs in a bowl.
- 2 _____ some salt and pepper.
- 3 _____ the cake for twenty minutes.
- 4 _____ the water and then add the pasta.
- 5 _____ up the onion and _____ it in the oil.