

1 Fill in the gaps with suitable words from the box.

GLOSSARY

- ***slobbing** – being very lazy
- ***couch potato** – a person who sits and watches TV all day.
- ***bungee-jumping** – jumping from a very high point with feet attached to a long piece of rubber
- ***hang-gliding** – flying while attached to a large kite
- ***NHS** – National Health Service, the British system of free medical treatment
- ***triggers** – starts
- ***strenuous** – very heavy
- ***impair** – weaken

<i>impact</i>	<i>impair</i>	<i>related</i>	<i>quarter</i>	<i>puck</i>	<i>strain</i>
<i>martial</i>	<i>reported</i>	<i>prolonged</i>	<i>improve</i>	<i>score</i>	<i>strangulation</i>

Slobbing* is good for you

Not only is being a *couch potato* an enjoyable way to spend your days, it could also mean you have more days to enjoy. Yes, professional couching is good for your health and may increase your lifespan. Here are the facts:

- An average of 19 million sports (1) _____ injuries are (2) _____ every year in England and Wales alone.
- According to the Office for National Statistics, 84 people died of sporting injuries in one recent year. And that doesn't include the 58 who drowned.
- *Bungee-jumping* has resulted in a new type of back and neck (3) _____. Mountaineering and air sports such as *hang-gliding*, each kill at least 16 people every year. In Japan, skiing is the greatest source of sport-related death and (4) _____ injury. A Harvard Medical School doctor even reported 11 cases of (5) _____ of skiers wearing long scarves.
- In one Sports Council study of 28,000 people, soccer was found responsible for more than a (6) _____ of 2000 injuries seen every month.
- Rugby is three times more dangerous than the next most risky activities: soccer, field hockey, cricket and the (7) _____ arts.
- The New England Journal of Medicine reported on 25 sportsmen killed when they were hit on the chest over the heart with a ball or hockey (8) _____. It is thought that such a blow *triggers* a fatal upset to the rhythm of the heart beat.
- New sports injuries cost the *NHS* at least £240 million each year.
- Scientific evidence suggests that (9) _____ *strenuous* training can (10) _____ the immune system, reducing the body's ability to fight infection. Athletes fall ill more often than couch potatoes. So lie back and enjoy yourself.

2 UNNECESSARY WORDS:

Put the words here *in the same order as they were in the table, don't change places*

2 Complete the following sentences with these numbers from the box.

16

a) Every year ___ sports injuries are reported in England and Wales.

19 million

b) In one recent year, there were ___ deaths from sports injuries.

84

c) Every year ___ people die in air sports, and the same number die mountaineering.

240 million

d) The Sports Council did a survey of (1) people. It showed that (2) people per month

500

(2) got hurt playing football.

28,000

e) In Britain, medical treatment for new sports injuries costs more than ___ pounds per year.

Animal rights

Brave new world?

GLOSSARY

bred animals kept animals so that they produce baby animals
vivisection operating on living animals for research
tinkered with changed, altered
pioneering developing for the first time
queueing up ready immediately
rodent small animal with long, sharp front teeth, E.g. rat, mouse, rabbit



growing	reconstruct	fun	declared	challenge	senior
queueing	making	creatures	research	area	on

Man has bred animals for (1)_____ for decades, but their use in the laboratory is increasing. In 1994 the total number of experiments (2)_____ animals rose by 15,000 to 2.8 million. Genetic manipulation of animals is now the fastest-growing (3)_____ of vivisection. The number of (4)_____ whose genes were tinkered with as part of an experiment rose by 22 percent to 256,000

Brothers Charles and Jay Vacanti hope the technique they are pioneering, (5)_____ an ear from human cells on the back of a genetically-engineered mouse, could be used to (6)_____ ears lost in accidents or to give normal hearing to children born without ears.

There are plenty of protesters (7)_____ up to oppose these developments. "It's obscene," (8)_____ a spokeswoman for Compassion in World Farming. "Shocking and bizarre," added a (9)_____ researcher for the British Union for the Abolition of Vivisection.

Some organizations have taken their concern to the European Courts. The focus of this legal (10)_____ is the so-called "onco-mouse", a rodent bred specifically to contract cancer so that the disease, and potential treatments, can be better understood. To animal rights activists, onco-mouse is an animal designed to suffer and die prematurely.

UNNECESSARY WORDS

Put the words here in the same order as they were in the table,
1st line, then 2nd line
