Name:

The Kindness Challenge

Read the definitions and complete the words.

K _ _ _ _ _ _ _ (noun) The quality of being generous and helpful.

C _ _ _ _ _ _ (noun) an organization that gives money, food or help to people who need it.

A_ _ _ _ _ _ _ _ (adjective) done by someone whose name is not known.

H_ _ _ _ _ _ (adjective) happy to help

C_ _ _ _ _ _ _ (noun) something that needs great effort, and tests your ability.

Complete the acts of kindness with the verbs in the box.

Give, help, raise, read

_____ money for charity.

_____ someone your umbrella when it is raining.

_____ an elderly person to cross the road.

_____ to young children.

Complete the conversation with the words in the box.

Charity, challenge, finished, generous, like, raise, tired

Hamdan: You look _____, Saif. What have you been doing?

Saif: I've just _____ a 5km run.

Hamdan: You ran 5km? Why?

Saif: For _____. Everyone in my class did it. It's part of The Kindness _____.

Hamdan: That seems _____a really good idea. Did you _____ a lot of money?

Saif: Yes. Everyone has been very _____.

Write these sentences, putting the words in the correct order.

1. angry/He/seems/.

   _____

2. look/excited/She/doesn't/very/.

   _____

3. He/ tired/very/doesn't/seem/.

   _____

4. looks/He/the/about/race/worried/.

   _____

5. to/She/home/be/happy/seems/.

   _____

6. surprised/looks/He/.

   _____