



To increase, decrease or eliminate a type of food or nutrient



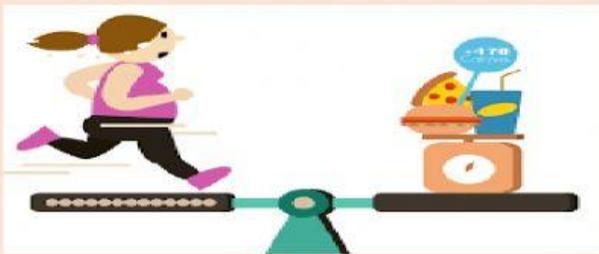
To provide changes in flavor due to problems with chewing



To remove foods due to allergies or intolerances



To provide extra calories for weight gain



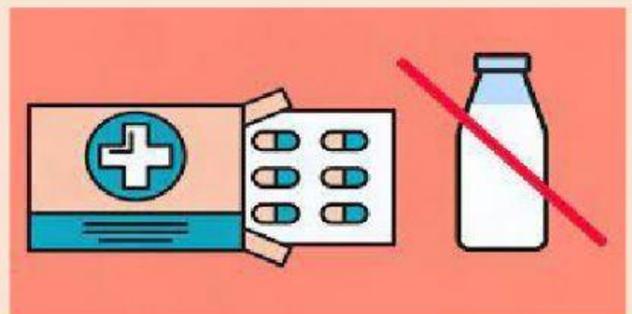
Cut all the calories from the diet to lose weight



To maintain poor nutritional status.



To help with digestion



To cut out certain foods that affect medication.