



V.C.C.E – CARING FOR OTHERS AND MYSELF

1. What is the meaning of caring? Select an answer

- a) Caring means treating others unkind.
- b) Caring means being cruel to someone.
- c) Caring means showing kindness and concern for yourself and others.

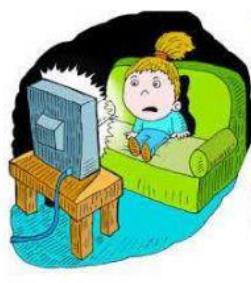
2. How can we care for others? Select three correct answers.

- a) Ignore people's feelings and talk about yourself.
- b) Ask someone how they are doing and listen to their answers.
- c) Be there for others when they are in pain or hurt
- d) Look away when people are speaking to you about their problems.
- e) Hug your friends and family and tell them you love them.
- f) Never apologize to others when you hurt their feelings.

3. Select one thing you should do to take care of your hair.



4. Select the pictures below that shows proper caring for yourself.



5. Select one thing you should do to take care of your teeth.

