**Teacher's name:** Lcda. Olga Castañeda

**Activity:** Use of English

**Subject:** B1 Preparation

**Read the text and choose the correct answer for each gap.**

Many people have tried 1 [ ] smoking at some point in their lives, and these days many of us 2 [ ] to stop taking 3 [ ] substance which is not cigarettes, but which 4 [ ] be killing the same number of people 5 [ ] tobacco, or even more. I am talking about sugar.

When I went to the doctor five years ago, he told me that sugar 6 [ ] kill me one day if I didn't avoid 7 [ ] it. My only chance of long-term survival, said the doctor, was 8 [ ] all sugar from my diet. Before that day, I 9 [ ] to quit anything; 10 [ ] , I didn't think it would be too difficult. "I have achieved difficult things in my life, much more difficult than that," I thought. It wasn't true.

I didn't know how difficult it was to stop smoking, or drinking alcohol, because I 11 [ ] addicted to anything, but when I stopped eating sugar, I realised that sugar is a very powerful drug. I think it 12 [ ] easier if I had been addicted to nicotine, for example, instead of sugar. The first few weeks or months I 13 [ ] that I was eating chocolate or cakes, and then I woke up in the morning and my body was crying for sugar.

It's been 3 months now, and I 14 [ ] very, very little sugar in that time; only the added sugar that food manufacturers put in some of their processed products, like bread, tinned tomato, etc. I am very happy because I don't crave sweet things any more, and I feel 15 [ ] healthier and energetic than a few months ago.

**For the following questions (1 to 15), choose a, b, c or d.**

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1 A: "It's really hot in this room." B: "Wait. I _____ the window."

a. 'll open
b. 'm going to open
c. 'm opening
d. open

2 I _____ the tickets on Friday.

a. was buying
b. bought
c. have bought
d. buyed

3 I _____ in this village all my life.

a. live
b. 'm living
c. 've lived
d. was lived

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4 A: "Why are you so dirty?" B: "Because I _____ the basement."

a. clean

b. 've cleaned

c. 've been cleaning

d. cleaning

5 The new sofa isn't ____ the old one.

a. as nice as

b. as nice than

c. as nicer than

d. the nicest as

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