


Which lunch set would you choose? Write a paragraph using the phrases given below.

**Lunch Set 1**

- ➡ nutritious meal
- ➡ rice porridge
- ➡ anchovies
- ➡ soya bean drink
- ➡ fruit
- ➡ rich in calcium and minerals



I would choose \_\_\_\_\_ because it is a  
\_\_\_\_\_ meal. The lunch consists of \_\_\_\_\_,  
\_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.  
\_\_\_\_\_. Most importantly, it is rich \_\_\_\_\_.

**Lunch Set 2**

- ➡ wholesome meal
- ➡ fried noodles
- ➡ an omelette
- ➡ fresh fruit juice
- ➡ fruit
- ➡ packed with essential vitamins and fibre



I would choose \_\_\_\_\_  
\_\_\_\_\_.  
\_\_\_\_\_.  
\_\_\_\_\_.