

Which lunch set would you choose? Write a paragraph using the phrases given below.

Lunch Set 1

- nutritious meal
- rice porridge
- anchovies
- soya bean drink
- fruit
- rich in calcium and minerals



I would choose _____ because it is a _____ meal. The lunch consists of _____, _____, _____, _____ and _____. Most importantly, it is rich _____.

Lunch Set 2

- wholesome meal
- fried noodles
- an omelette
- fresh fruit juice
- fruit
- packed with essential vitamins and **fibre**



I would choose _____

_____.