


Which lunch set would you choose? Write a paragraph using the phrases given below.

Lunch Set 1

- nutritious meal
- rice porridge
- anchovies
- soya bean drink
- fruit
- rich in calcium and minerals



I would choose _____ because it is a
_____ meal. The lunch consists of _____,
_____, _____ and _____.
Most importantly, it is rich _____.

Lunch Set 2

- wholesome meal
- fried noodles
- an omelette
- fresh fruit juice
- fruit
- packed with essential vitamins and fibre



I would choose _____
_____.
_____.
_____.