

A- Check your understanding:While you listen, Write A (for GYM A) or B (for GYM B) for these sentences.

Which gym has....

1- a good air-conditioning system?	
2- dance classes?	
3- a shop?	
4- a café?	
5- a bigger gym with more machines?	
6- a swimming pool?	
7- a sauna?	
8- martial arts classes?	

B- Multiple Choice. While you listen, choose the right answer.

1. Gym A has
 - 1) *a lot of activities in the evenings*
 - 2) *a few different activities at different times*
 - 3) *lots of activities at different times of day.*
2. Gym A
 - 1) *moved into a new building*
 - 2) *built a sauna*
 - 3) *opened* ten years ago.
3. In Gym A, you can have a massage
 - 1) *at a reasonable price*
 - 2) *free if you are a member*
 - 3) *if you book in advance.*
4. You can borrow
 - 1) *towels and yoga mats*
 - 2) *towels*
 - 3) *yoga mats* from the gym.
5. Gym B can give you advice about
 - 1) *training, lifestyle and diet*
 - 2) *sports injuries and diet*
 - 3) *how to become a professional athlete.*
6. In the main gym, you must
 - 1) *use a towel*
 - 2) *wear trainers*
 - 3) *take a bottle of water.*
7. The lifeguard can also
 - 1) *give you some tips to improve your swimming*
 - 2) *demonstrate the best way to swim*
 - 3) *give you swimming lessons.*
8. The timetable for the classes is
 - 1) *available online*
 - 2) *in a brochure*
 - 3) *on the noticeboard.*