

Part 1

Look at the text in each question. What does it say? Choose the correct letter, A, B or C.

1

This week's fitness class will be half an hour earlier, at 6.30 p.m., and in the sports hall, not the gym! Next week's class will be back in the gym at the usual time.

- A The fitness class will only last for half an hour this week.
- B There won't be a fitness class next week.
- C The fitness class will be somewhere different this week.

2

*Tara, we've run out of coffee! Can you get some at the supermarket when you're coming back from college this afternoon? I'll pay you back tomorrow.
Daisy*

What should Tara do?

- A buy coffee tomorrow
- B go shopping on her way home
- C give Daisy some money to go to the supermarket

3

BANK OPENING HOURS
Monday – Friday 9 a.m. to 5 p.m.
Saturday – 9 a.m. to 11 a.m.
The cash machine outside is
in use 24 hours

- A You can't go into the bank on Saturday afternoons.
- B The cash machine can only be used when the bank is open.
- C The bank closes at the same time every day.

4

*Max,
There's a problem with the shower. You can't use it unless you want a cold one! Someone's coming to fix it this afternoon, so it'll be OK tomorrow.
Mum*

- A Someone is mending the shower at the moment.
- B It isn't possible to have a hot shower this morning.
- C Max will have to take a cold shower tomorrow.

5

*Hi Mia,
I might be late for the band practice tonight. I usually get the bus, but there are lots of delays this week. ☹ See you later.
Henry*

Why has Henry written the text?

- A to warn Mia that he may not be on time
- B to remind Mia about delays on the buses
- C to ask which bus he should get to band practice

Part 2

The people below all want to join a sports class. On the next page there are descriptions of eight classes. Decide which class would be the most suitable for the following people. For 1–5 write the correct letter A–H.

1



Chloe enjoys team sports but doesn't want to play in competitions. She needs a morning class. She doesn't have much money and can't afford to buy expensive equipment. ☐

2



Mike isn't very fit. He would like to get fitter, but he finds exercise boring. He's looking for an evening class that is different every week. He'd also like to see how he is improving over time. ☐

3



Sofia loves sport but is recovering from a serious injury. She wants to train in the afternoon with someone who understands her injury and can give her advice on exercises she can do at home. ☐

4



Jack is very fit and is planning a challenging 200 km run. He wants to train at least twice a week and would like some personal training too. He wants to train indoors and outdoors. ☐

5



Tara takes sport seriously. She plays hockey and tennis and wants to improve her skills and take part in competitions. She isn't free from Monday to Friday. ☐

Sports classes

A Sport for life

Weekly sessions in seven different sports, including squash, tennis and basketball. Do your favourite sport or try new ones each week. Classes take place on Thursdays 3–4 p.m. and Sundays 2–3.30 p.m. in Green Park and in the Park Gym. We don't believe in winners and losers, just in having fun!

C Active plus!

This is a great class for people who enjoy playing sport with others in an informal way. Choose from a range of sports, including 5-a-side football and hockey. Classes are on Saturdays from 9–11 a.m. We provide balls, hockey sticks, etc. and a monthly report on how your fitness is improving.

E Fitness for all

If you're looking for a gentle, low-cost exercise class, Fitness for all offers exercises to improve your strength and confidence slowly. Our trainers are qualified to help with individual problems and can give you extra ideas to try outside the class. No equipment necessary. Classes: every Tuesday from 2 to 4 p.m.

G Rising stars

We believe sports are for winners! We offer training from professional sports coaches to help you become a more successful player. Choose from a range of team and racket sports. Players are encouraged to join local and national leagues. Classes: every Saturday and Sunday, or book an individual lesson with one of our trainers.

B Top training

Our club offers individual training sessions in the gym, with a personal trainer. The class is ideal for people who enjoy training alone and are keen to improve their fitness, or people who have particular difficulties with their fitness. Classes: every morning 9–11 a.m.

D Water-cise!

Have fun and get fit at your local sports centre! Classes every Tuesday and Thursday from 6–8 p.m. No two classes are the same! We organise regular competitions and also offer individual fitness checks every month, plus the chance to gain progress certificates.

F Sport for all

This class is for people who want to take up a sport such as football or tennis for the first time. It's a great way to get fit in the fresh air. Classes start with training exercises, followed by a game or small tournament. Classes: every Tuesday and Thursday, 6–8 p.m. All equipment provided.

H Go for it!

This is a class for people who want to push themselves so they can compete against other people or themselves! Training takes place every Tuesday, Thursday and Saturday. Classes involve a one-hour run in the park, followed by weight training in the gym. Individual coaching and advice on improving fitness at home are also available.

Part 3

Read the text and the questions below. For each question, choose the correct answer.

A hotel under the sea

Want to sleep under the sea? The company Planet Ocean has plans for an exciting underwater hotel, which they hope to build in locations all over the world.

The hotel won't be large, with only 12 guest rooms, plus a restaurant. Guests will get to the hotel in a lift – so no diving or getting wet! The hotel will float 10 metres under the ocean, although it will be attached to the sea bed to prevent it from moving too far. Because it won't be very deep under the water, the sun will shine down and provide light. Guests will get great close-up views of the fish and other sea creatures, which won't be bothered by the hotel and so won't make any effort to avoid it.

The hotel's design, with clear plastic walls, means guests will be able to see the sea and all the creatures that live there around, above and below them in their rooms. They will almost get the feeling that they are swimming in the ocean. The luxury rooms will have a shower, TV and even the internet. The restaurant will serve high-

quality meals. As you might expect, Planet Ocean want to encourage people to eat less fish, so guests won't find any on the menu. What's more surprising is that the atmosphere will be silent, so guests will have to imagine the sound of the ocean around them.

The hotel won't be cheap to build and it won't be cheap to stay in. But the designers are especially proud of the fact that it will be environmentally friendly. It will use electricity, of course, but it will produce its own, and won't disturb ocean life at all. In fact, the designers hope some sea creatures will build their homes on parts of the building, which will bring real benefits to the underwater world.

Planet Ocean's future designs include a moving hotel. It perhaps sounds like this will work in the same way as a cruise ship, but this is not the case. In fact, rather than moving between continents and countries, it will stay within a single country's waters, but only occasionally change positions around its coast.

- 1 What do we learn about the hotel?
- A Guests will have to swim down to get to it.
 - B Its lights will shine into the sea so guests can see the fish.
 - C It will only have a small number of rooms.
 - D Fish and other sea creatures will be scared of it.
- 2 What might guests find strange about staying at the hotel?
- A swimming from their rooms into the ocean
 - B having ocean life in their room
 - C enjoying a meal of freshly caught fish
 - D being unable to hear the ocean
- 3 What is the best thing about the hotel, according to the designers?
- A It won't cost much to build.
 - B It won't use much electricity.
 - C It won't cause any damage to the environment.
 - D Fish and other sea creatures won't come very close to it.
- 4 Planet Ocean's moving hotel will
- A rarely move from one site to another.
 - B travel between various countries.
 - C be similar to a type of cruise ship.
 - D remain close to the coast of each continent.
- 5 What might a guest in this hotel say?

A

It's very expensive, but the facilities are quite basic and the windows are too small to see outside.

C

Seeing the fish up close is amazing, but it's a shame that the hotel disturbs sea life.

B

It's great to stay in such a beautiful hotel that is also good for the planet.

D

It's a great idea, and I love the fact that it can move around and travel to different locations.