science

1.Infer how meal choices affect personal health

The dietician recommends having a balanced diet every day. A balanced diet means_____

   a. Staple only
   b. Vegetable and fruits
   c. The right amount and kinds of foods
   d. Fried chicken and rice

Which food provides the body with energy?

   a. Vegetables and staples
   b. Legumes and nuts
   c. Proteins and fruits
   d. Carbohydrates and fats

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2. Explain how plants and animals are interdependent in relation to the food chain

In any community plants and animals depend on each other for _____

   a. Food and clothes
   b. Community
   c. nest
   d. Nest household

3. Operationally define the terms organic and non-organic food production methods

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Read conversation and answer question

#8 - a&b

4.Distinguish among the types of simple machines

 A machine used for lifting a heavy object is a_____

   a. Gear
   b. Screw
   c. Wheel and axle
   d. Pulley

5.Explain how simple machines are used in various situations

A lever helps to_____an object.

   a. Lighten
   b. Spon
   c. Lift
   d. tighten

6. **Distinguish between simple and complex machines**

A complex machine is made up of:

   a. Only wedged lever
   b. Load and fulcrum
   c. Gears only
   d. Simple machine
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Question **6. relates to how changes in technology have made simple machines more effective**

7.Explain how parts of the body work similar to levers

8 Distinguish between simple and complex machines

9. Infer that the body is a complex machine

The body is complex machine because it is made up of_____.

   a. Bones
   b. Simple machine
   c. Muscles
   d. Ligaments

Obj7. The human body is a complex machine. Which of the following body parts act as lever?

   a. Arm and leg
   b. Back chest
   c. Finger and toe
   d. Leg and hip