

COLOCAMOS LOS ALIMENTOS EN SU UBICACIÓN CORRESPONDIENTE ¿QUÉ DEBEMOS COMER CON MAYOR FRECUENCIA?

The diagram consists of a large circle divided into four colored quadrants: green (top-left), yellow (top-right), pink (bottom-right), and orange (bottom-left). A small blue circle in the center of the green quadrant contains an illustration of a water tap and the word "AGUA". The green quadrant is labeled "ACTIVIDAD FÍSICA" with a plus sign icon at the top. The orange quadrant is labeled "SAL" with a minus sign icon at the bottom. To the right of the circle are ten food items, each with a small image and a label in red capital letters: ZANAHORIA (carrot), BROCOLI (broccoli), PAN (bread), DULCES (candy), PEPINO (cucumber), MANZANA (apple), PESCADO (fish), ACEITE (oil), and LECHA (milk).

ACTIVIDAD FÍSICA

AGUA

SAL

ZANAHORIA

BROCOLI

PAN

DULCES

PEPINO

MANZANA

PESCADO

ACEITE

LECHA