

# PLANNING AN ADVENTURE TRIP

Choose the best word for each gap.

Knowing what to expect from your destination will (0) \_\_\_\_ all aspects of planning an adventure trip easier, as well as helping you to (1) \_\_\_\_ the most out of the experience. Research will help you pick the best places to go but you'll also learn what you need to pack, what health and safety (2) \_\_\_\_ to take and what cultural (and sometimes political) issues you should be (3) \_\_\_\_ of.

Climate and seasonal pricing are important (4) \_\_\_\_ in your decision about when to go. (5) \_\_\_\_ for adventure travel, bad weather or weather you're not (6) \_\_\_\_ for can ruin the trip. While you can't predict the (7) \_\_\_\_ weather in advance, you can learn about climate (8) \_\_\_\_ ahead of time when doing destination research. Seasonal popularity and pricing should also be considered if you intend to (9) \_\_\_\_ , peak-season crowds and prices.

While some research is absolutely (10) \_\_\_\_ don't plan every moment of your trip in advance. Over-planning tends to make us less (11) \_\_\_\_ to take part in the unpredictable and spontaneous (12) \_\_\_\_ that are part of any sort of adventure travel. It's really important to keep a big reserve of excitement and energy ready for the unexpected.

