

PLANNING AN ADVENTURE TRIP

Choose the best word for each gap.

Knowing what to expect from your destination will (0) _____ all aspects of planning an adventure trip easier, as well as helping you to (1) _____ the most out of the experience. Research will help you pick the best places to go but you'll also learn what you need to pack, what health and safety (2) _____ to take and what cultural (and sometimes political) issues you should be (3) _____ of.

Climate and seasonal pricing are important (4) _____ in your decision about when to go. (5) _____ for adventure travel, bad weather or weather you're not (6) _____ for can ruin the trip. While you can't predict the (7) _____ weather in advance, you can learn about climate (8) _____ ahead of time when doing destination research. Seasonal popularity and pricing should also be considered if you intend to (9) _____, peak-season crowds and prices.

While some research is absolutely (10) _____ don't plan every moment of your trip in advance. Over-planning tends to make us less (11) _____ to take part in the unpredictable and spontaneous (12) _____ that are part of any sort of adventure travel. It's really important to keep a big reserve of excitement and energy ready for the unexpected.

