



Los superhéroes del Grupo Flexible

Calculamos mentalmente

Para sumar o restar 101 a números de 3 cifras, sumamos o restamos 1 unidad y 1 decena al número.

$$\begin{array}{c} \text{381} + \text{101} = \text{482} \\ \begin{array}{|c|c|c|} \hline \text{3} & \text{8} & \text{1} \\ \hline \end{array} \begin{array}{|c|c|c|} \hline \text{1} & \text{0} & \text{1} \\ \hline \end{array} \begin{array}{|c|c|c|} \hline \text{4} & \text{8} & \text{2} \\ \hline \end{array} \\ \begin{array}{|c|c|c|} \hline \text{3} & \text{8} & \text{1} \\ \hline \end{array} \begin{array}{|c|c|c|} \hline \text{1} & \text{0} & \text{1} \\ \hline \end{array} \begin{array}{|c|c|c|} \hline \text{4} & \text{8} & \text{2} \\ \hline \end{array} \\ \begin{array}{|c|c|c|} \hline \text{3} & \text{8} & \text{1} \\ \hline \end{array} \begin{array}{|c|c|c|} \hline \text{1} & \text{0} & \text{1} \\ \hline \end{array} \begin{array}{|c|c|c|} \hline \text{4} & \text{8} & \text{2} \\ \hline \end{array} \end{array}$$

$$\begin{array}{c} \text{381} - \text{101} = \text{280} \\ \begin{array}{|c|c|c|} \hline \text{3} & \text{8} & \text{1} \\ \hline \end{array} \begin{array}{|c|c|c|} \hline \text{1} & \text{0} & \text{1} \\ \hline \end{array} \begin{array}{|c|c|c|} \hline \text{2} & \text{8} & \text{0} \\ \hline \end{array} \\ \begin{array}{|c|c|c|} \hline \text{3} & \text{8} & \text{1} \\ \hline \end{array} \begin{array}{|c|c|c|} \hline \text{1} & \text{0} & \text{1} \\ \hline \end{array} \begin{array}{|c|c|c|} \hline \text{2} & \text{8} & \text{0} \\ \hline \end{array} \\ \begin{array}{|c|c|c|} \hline \text{3} & \text{8} & \text{1} \\ \hline \end{array} \begin{array}{|c|c|c|} \hline \text{1} & \text{0} & \text{1} \\ \hline \end{array} \begin{array}{|c|c|c|} \hline \text{2} & \text{8} & \text{0} \\ \hline \end{array} \end{array}$$

Ahora inténtalo tú.

Cantidades	+ 101	- 101
154		
267		
322		
486		
535		
641		
753		
878		
919		
990		