## HEALTH INSTRUCTOR READING

Read the text and choose the best word for each gap.

If you want to (1) a salary and (2) your health,
you might think about (3) a health instructor. Health
instructors get (4) exercise. As you help others get
(5) shape, you stay in shape yourself. Health
instructors (6) tend to have good habits such as eating right
and drinking plenty of water.
(7), fitness instructors have good social lives. Social
interaction is also important for (8) good health.
So, health instructors are usually physically fit and rarely
(9) depression. So are you thinking about being a
health instructor for your career?

