



Reading

Activity 1. Read the following text.

A DAY IN MY LIFE

Hi! I'm Anna and I'm 10 years old. I'm from England.

Let me tell you about my daily routine. On weekdays I usually wake up very early, at six o'clock. Then, I go to my football practice. I get home at eight o'clock and I have breakfast. I always eat toasts and drink orange juice. After breakfast I brush my teeth and have a shower.

At one o'clock I have lunch with my family. In the afternoon I go to school with my friends and my sister Sarah. At school I study a lot and read many books. In the breaks I listen to music. After school I go to English classes.

I get home at seven o'clock and I do my homework. Then, I feed the cat, I feed it every day. In the evening I watch TV or play video games.

I have dinner at ten o'clock and I go to bed at twelve o'clock. Before going to bed I read a book and brush my teeth.

Activity 2. Are these sentences true (T) or false (F)

- a. Anna is from Argentina. ____
- b. On weekends she usually wakes up early. ____
- c. She goes to football practice in the morning. ____
- d. Anna has lunch with her friends. ____
- e. At school she studies and read books. ____
- f. Anna gets home at seven o'clock. ____

Activity 3. Complete the sentences with information from the text.

- a. Anna _____ and _____ after breakfast.
- b. On school breaks Anna _____.
- c. After school she _____.
- d. She _____ every day.
- e. Anna _____ and brushes her teeth before going to bed.

Use of English

Activity 1. Complete the questions with 'what' or 'when'.

- a. _____ do you have dinner?
- b. _____ does Karen do in the evening?
- c. _____ time do you have breakfast?
- d. _____ do Tim and John do after school?
- e. _____ do you play chess?

Activity 2. Complete the sentences with the correct form of the missing verb.

- a. Susan _____ lunch with her brother every day.
- b. On weekends, I _____ up very late.
- c. George and his friends _____ football in the afternoon.
- d. I _____ homework in the evening.
- e. He _____ the dog every morning.

Activity 3. Match the questions with the answers.

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| a. What time do they go to bed? | a. In the afternoon. |
| b. When do you do your homework? | b. At 11 o'clock, at night. |
| c. What does she do on weekends? | c. I have dinner and take a shower. |
| d. Does he wake up early? | d. No, he wakes up late. |
| e. What do you do at night? | e. She plays chess with her friends. |

Activity 4. Complete the sentences looking at the pictures.

- a. It's _____ 
- b. She _____  at _____ 
- c. Micaela _____  at _____ 
- d. I _____  in the morning.

Write at least 50 words. Be ready to include all the words from the box.

Hi!

Listening

1. Listen and decide if the sentences are true (T) or false (F).

- a. Dan gets up late. _____
- b. At 8 o'clock he has a small breakfast. _____
- c. After breakfast Dan goes to university. _____
- d. Dan sometimes goes to the cinema after school. _____
- e. He usually goes to bed at 10 o'clock. _____

2. Listen again and complete the sentences with words from the box.

has a shower – has dinner - wakes up – gets dressed – has lunch - swims

- a. Dan _____ every day at 5 o'clock.
- b. He _____ from 6 o'clock to 8 o'clock.
- c. At 8 o'clock Dan _____, _____ and has breakfast.
- d. At about 2 o'clock he _____.
- e. He _____ at 7 o'clock.