NAME: _____ DATE: _____

Everyday Speech ACTIVITIES

Nonverbal Communication - What Is It?

Nonverbal communication means the different ways we can communicate with our bodies. Did you know that our bodies can send a message without saying any words?

Type of Nonverbal Communication	Meaning
Body Language	This is how we hold our body. It shows we feel or if we are listening. We focus on our shoulders, heads, and standing up straight.
Tone of Voice	The way our voice sounds when we speak. It can send messages different from our words.
Personal Space	Looking someone in the eye or face while talking. This can show that we are listening and help us to connect with others.
Posture	The movements we make with our face and bodies. This can tell others about our mood or feelings without saying any words.
Eye Contact	The area of space around everyone needed to feel comfortable. It can feel uncomfortable if someone does not give us this.

Draw an arrow to match a box on the left with a box on the right.

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