

Work Strategies - Asking for Help



Step 1 – Play the audio file (it`s $\frac{1}{2}$ the regular speed).

Step 2 – Play the audio file more quickly (it`s $\frac{3}{4}$ of the speed).

Follow-up Questions:

1. Who is talking?
2. Where are they?
3. What is the problem?
4. How do they feel?
5. What did they say to try to get the attention of the other person?

Step 3 - Click the blue bar below. Listen to the sound with video.



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1. Watch the video below.

2. Questions to think about:

1. When is it important to ask for help?
2. How can we get the attention of others?
3. How do you know who to ask for help?

If you don` t know the answers to these question, it`s ok. We will learn the answers to these questions soon.