LEZEN OEFENING

Lees de volgende tekst. Daarna beantwoord de vragen True (juist) of False (onjuist)

What do English people eat?

A REPORT BY JAMES BRADFORD

ENGLISH FOOD has a bad reputation. Everybody knows what French food is, and Italian food, and Chinese food. But what is English food?

It is true that, for many years, food in Britain wasn't good. But it is now possible to eat in England and enjoy it! English cooks know a lot more about how to cook, and they borrow ideas from all over the world.

Breakfast For breakfast, most people have just cereal and maybe toast and jam.
A Full English breakfast is big – sausages, bacon, eggs, tomatoes.

Lunch For many people, lunch is a quick meal at about 1.00 p.m. It isn't a time to relax, because we're too busy at work or at school. So lunch is just a sandwich or a snack.

Dinner The evening meal is our main meal. We don't eat late – we eat at about 8p.m. People have maybe meat or pasta, with vegetables or salad.

Sunday lunch is traditionally the one time in the week when the family eats together.

There is roast meat, such as beef or chicken, with lots of vegetables.

Eating out Every high street in Britain has an Indian restaurant and a Chinese restaurant. In London there are restaurants from all over the world – Greek, Italian, Moroccan, Mexican, Russian, Iranian ... everywhere. Our traditional fast food is fish and chips, and of course there are places to buy hamburgers and pizza.

It is possible to eat really bad food in England. But it is also possible to eat very well!

1. De meeste mensen denken dat Engelse voedsel niet lekker is. ☐
2. Iedereen weet welke gerechten bij Engelse cuisine horen. ☐
3. Engelse cuisine is nu beter dan vroeger. ☐
4. Engelse koks reizen veel naar het buitenland. ☐
5. De meeste Engelse eten een groot ontbijt. ☐
6. Lunch is de belangrijkste maaltijd. ☐
7. De engelse nemen hun avondeten laat. ☐
8. Zondag lunch is een familie maaltijd moment. ☐
9. Er is een internationaal restaurantje in elke dorp in Engeland. ☐
10. Er zijn lekker en niet lekker gerechten in de VK. ☐

LIVEWORKSHEETS