1 **In groups, read the following text. As you read, look for the answer to this question – What kind of organisation is *Cook International*? Then discuss the questions under the text?**

Answer:

About Cook International

Cook International began as 'Project Cook' in 2000. This project aimed to develop confidence and leadership, team-building and management skills in young people through adventure, scientific research and exploration. The participants travelled around the world on sailing ships, learning sailing and navigation skills. In addition, they stopped along the way to complete community service projects on land. They were accompanied by some of the world's leading sailors, adventurers and scientists.

Due to the success of the voyages and the interest generated around the world, in 2004, 'Project Cook' became *Cook International*, a UK based charitable youth organisation.

Since then, thousands of young people from many different countries have joined community aid projects and adventure challenges. *Cook International* has enabled them to find out about each others' lives, share experiences and form lifelong friendships while helping developing societies.

Read the statements about Cook International programmes in the box below. Then read the information on the website page below, and decide whether the statements are true (T) or false (F), or if there is no information given (NG).

1. You must be over 16 and under 24 to join one of the programmes. ☐
2. Staff volunteers must be over 65. ☐
3. All programmes last for nine weeks. ☐
4. Volunteers can choose from countries on each continent. ☐
5. Staff volunteers work on each programme longer than the youth volunteers. ☐
6. Youth volunteers should be confident and outgoing. ☐

LIVEWORKSHEETS

Cook International

Our volunteer programmes enable participants aged 17 – 23 and staff volunteers aged 28+ from all over the world and from all backgrounds to undertake a unique blend of mental and physical challenges.

A typical nine-week programme is made up of three separate projects: a community project, and environmental project and an adventure challenge. There are also five-week project options consisting of either a community or environmental project and a team-based adventure challenge. Staff volunteers can choose from the nine or five week programmes.
In addition, staff volunteers will need to undertake two or three weeks pre-programme training in-country and a post-programme review.

The countries that we work in, include Bahrain, Honduras, Namibia, Tanzania. Sri Lanka and Oman.

17 – 23 Volunteers

Are you aged between 17 and 23?* Do you have a sense of adventure? Do you want to make friends with people your age from around the world? Are you outgoing? Friendly? Confident? Able to work in a team and independently?* If so, then our nine-week volunteer projects may be right for you. We will teach you new skills, both practical and personal and provide you with experiences you will never forget. Send us a short letter telling us where you would like to volunteer and about any skills or experience you have that you think may be useful.

If you don't think that any of these apply to you – don't worry; they will by the time you have completed one of our programmes!

* *Volunteers under 17 need parental or guardian consent.*

LIVEWORKSHEETS