

Listen to some people talking about what they believe to be the secret of success and complete the gaps using 1 to 3 words:

1. Always **believe in yourself** when other people doubt you
2. Block out **negative thoughts** and keep going.
3. Channel your efforts in the right direction and don't get **sidetracked, distracted.**
4. **Remain yourself** in different ways.
5. Practise being **focused and positive** until it becomes second nature.
6. Be organized and **disciplined.**
7. Never **underestimate yourself** and believe you are as good as everyone else.