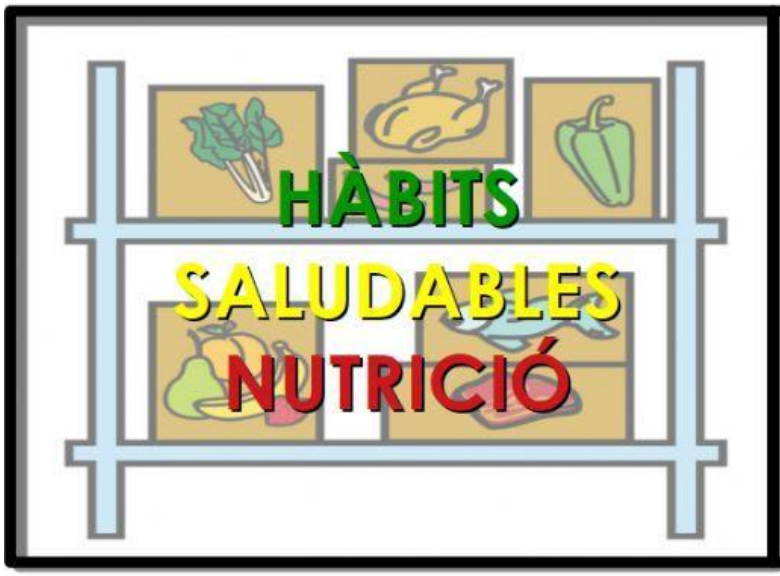
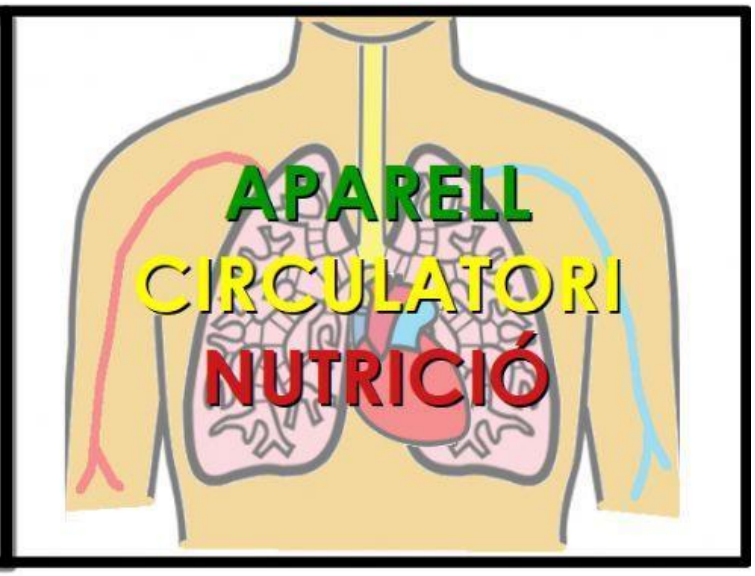
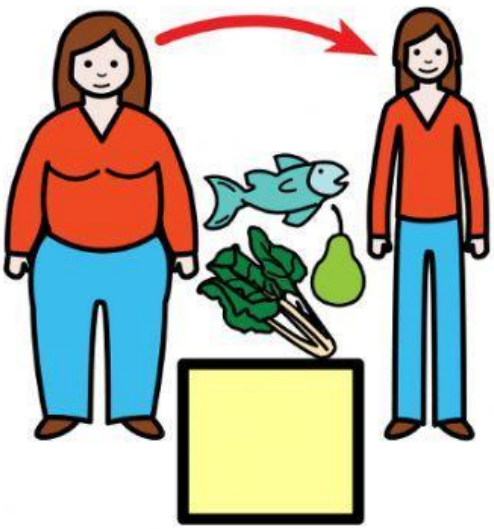




Arrossega cada número al dibuix corresponent:

Per prevenir malalties de l'aparell circulatori cal:

1. **Fer esport**, per enfortir el cor.
2. Seguir una **dieta equilibrada**. És a dir, una dieta sana i completa.
3. **No fumar**, per evitar els infarts de cor.

1 2 3