

Name \_\_\_\_\_

Date \_\_\_\_\_

## ReadWorks | "Food Resources in the Pacific Islands"

Place each product below in the appropriate column. Research each item and provide at least two health benefits for each.

|           |      |        |
|-----------|------|--------|
| coconut   | yam  | banana |
| pineapple | taro | tuna   |
| shellfish | crab | cocoa  |

| Fishing | Agriculture | Health Benefit(s)                                     |
|---------|-------------|-------------------------------------------------------|
|         | coconut     | benefits heart health<br>promotes blood sugar control |
|         |             |                                                       |
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