

## LIGAMENTS AND TENDONS

A. Drag the following words to complete the sentences.

joints	muscles	white	elastic
yellow	stretch	non-elastic	bones
bones	flexible	bone	tough

Ligaments join \_\_\_\_\_ to \_\_\_\_\_ at \_\_\_\_\_.

They are very \_\_\_\_\_ and \_\_\_\_\_ to allow for this.

\_\_\_\_\_ ligaments are sturdy, while \_\_\_\_\_ ligaments are more elastic.

Tendons attach \_\_\_\_\_ muscles to \_\_\_\_\_.

They are made of \_\_\_\_\_, \_\_\_\_\_ fibres since they must not \_\_\_\_\_ when the muscles contract.

B. Label the diagram below by dragging the correct label into place.

bone

ligament

muscle

tendon

