

Natural Science

Energy: types of energy



is everything that produces changes in things.

The main types are:

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This is the light that comes from the **sun** or **light bulbs**.

:

Bodies have this energy, because **they are moving**.

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We find this in **batteries or food**.

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This is **heat**, as the given off by an **iron or heater**.

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It makes **electrical appliances work** (TVs, cooker...)