A Look at the pictures and match the words.

sore throat - backache - high fever - cough - toothache - stomach-ache - headache
broken arm - flu - sprain ankle - cut my finger - heart attack

B Match the sentences with the advice.

1. ☐ He has a sore throat.
2. ☐ He has a toothache.
3. ☐ He has a cough.
4. ☐ He has a high fever.
5. ☐ He has a stomachache.
6. ☐ He has a backache.

a. He should brush his teeth 3 times a day.
b. He shouldn't drink cold water.
c. He should take a warm shower.
d. He should take a cough syrup.
e. He shouldn't carry heavy things.
f. He shouldn't eat chips and chocolate.

C Read the text and number the pictures.

Getting cold is one of the common illnesses in cold winter days. When you [1]catch cold, you will face several symptoms. Firstly, you [2]have a fever. This fever makes you feel hot. Then, you have a [3]sore throat. Eating and speaking becomes very difficult for you. Afterwards, you have [4]a runny nose and you start [5]coughing regularly. Lastly, you feel weak because of these symptoms. These symptoms can only heal within one or two weeks.

LIVEWORKSHEETS

D Study the table.

GIVING ADVICE (Tavsiye verme)

»» SHOULD/HAD BETTER

We use 'should' to give advice. (Tavsiye verme)

- You should go home and get some rest.
- You shouldn't go to bed late.
- You had better eat fruit and vegetables.
- You'd better not drink coffee of coke much.

OBLIGATIONS (Zorunluluk)

»» MUST/MUSTN'T

We use 'must' to talk about obligations.

- You must stop at the red light.
- You mustn't park here.

THE PRESENT PERFECT TENSE

We use Present Perfect Tense

- when an action happened in the recent past and when it is still important,

- I have cut my finger. It's still bleeding.
- Susan has had an accident.

• to talk about life experiences.

- My uncle has travelled all over the world.
- Have you ever seen a snake?
- Mr. Green has never tried Chinese food.
- A: Have you ever been to Spain?
  B: Yes, I have. I went there last summer.

»» FORM

Positive Subject have / has Verb3 (past participle)

Negative Subject haven't / hasn't Verb3 (past participle)

Question Have / Has Subject Verb3 (past participle)

E Complete the sentences using MUST or MUSTN'T.

1. You …….. be quiet in the library.
2. You …….. go to bed late.
3. You …….. brush your teeth regularly.
4. You …….. run in the classroom.
5. You …….. throw rubbish.
6. You …….. wash your hands before lunch.
7. You …….. be polite to your friends.
8. You …….. be late for the school.
9. You …….. do your homework.
10. You …….. leave your room untidy.
11. You …….. be rude.
12. You …….. eat healthy food.
13. You …….. fight at the school.
14. You …….. sleep in the lesson.
15. You …….. cheat in the exam.
16. You……..... talk with your friend in the lesson.

LIVEWORKSHEETS

F **Put a tick next to the correct sentences.**

We use the Present Perfect Simple:

1. to talk about finished actions that are important now ☑
2. to talk about things that happened at a specific time in the past ☐
3. to talk about our news and experiences ☐
4. to talk about things we used to do in the past but we don't do now ☐
5. when the exact time of the action is not important ☐
6. to talk about habits and routines ☐

G **Complete the table with the correct form of the verbs.**

VERB	PAST SIMPLE	PAST PARTICIPLE
hear		heard
	thought	
make		
		thrown
buy		
	gave	
		gone
put		

H **Fill in the blanks with the correct form of the verbs in brackets.**

1. ..... you ever ..... (watch) a horror film when you were alone?
2. David ..... (have) a headache for three days.
3. I ..... never ..... (be) to London before. It is the first time for me.
4. Jason ..... (play) basketball since his childhood.
5. We ..... (know) each other for 5 years.
6. Ellis ..... (not/go) to her homeland since her father's death.
7. Dennis ..... (finish) his term project yet.
8. Catherine ..... already ..... (eat) his lunch.

LIVEWORKSHEETS

I **Read the text and choose a title for the text.**

a. What's the matter? **b.** What causes the flu?

c. When should you see a doctor? **d.** Who helps with health problems?

The common cold and the flu have similar symptoms. They both cause a sore throat, runny nose, congestion, and a cough. The flu is different from a cold. In addition, the flu includes other symptoms such as fever, headache and muscle soreness.

Viruses cause the flu. It is a highly contagious disease; it spreads very easily. People with the flu sneeze and cough a lot. The viruses go into the air. If you are around sick people, you may breathe in the viruses. You can also get it from kissing sick people. You can get it on your hands from objects like glasses, silverware, doorknobs, handles, television remotes, computer keyboards, and telephones. The virus enters your body when you touch your nose, eyes, or mouth with your infected hands.

If you want to protect yourself from the flu, you should stay away from sick people. It also is important to wash your hands often with soap and water. You should eat healthy food and take vitamins. If you get the flu, you'd better stay home.

J **Fill in the table. What are the symptoms? Put a (+) or a (-)**

	sore throat	runny nose	congestion	cough	fever	headache	muscle soreness
A cold							
The flu							

K **In the text, find a word which means ...**

1. blocked nose .....
2. pain; ache .....
3. infectious, spreadable .....
4. forks, spoons and knives .....
5. door handles .....

LIVEWORKSHEETS